

## ***Freestyle Session Policies and Procedures***

***Please keep in mind that the following policies and procedures are for the safety of the skaters.***

Skaters at the Delta level or above are permitted on the freestyle sessions. Coaches that have skaters at a lower level will need permission from the rink manager to participate on a freestyle session.

Maximum of 18 skaters are permitted on freestyle sessions (or at the discretion of the manager on duty)

No more than 2 skaters permitted in a lesson at one time

Freestyle sessions are for achieving quality practice or lesson time. Playing, standing still and talking in one place for a period of time is not permitted. Skaters that want to have fun need to skate on public skating times.

Freestyle sessions are typically 1 hour. Each session that the skater is skating on must be paid for regardless if the skater is overlapping sessions with a lesson. It's always good to get more practice before or after a lesson to get the most out of a freestyle session.

### ***Skaters and Coaches:***

Skaters must check in at the skate shop and receive a Freestyle sticker before getting on the ice.

Jumps are to be done on the ends of the rink and in the corners

Spins are to be done in the middle area of the ice

Skaters doing their programs (must wear sash or vest to help identify) or in a lesson have the right of way. Please be aware of who is skating their program.

Parents are not allowed down the skating ramp area during a freestyle session. Parents coaching their children from the side railing is not permitted.

No gum or food and drink are allowed on the ice.

Skaters in lessons may have their music played once per 15 minutes.(on lighter sessions this may vary) Skaters not on lessons may put their music in the rotation but must have a coach play the music. Skaters are not allowed to touch the music equipment.

No digging holes in the ice or sitting on the hand railing

Skaters must get up quickly after a fall so that they don't get injured by another skater

***\*The policy and procedures are subject to change without notice***